



# Visiting Bowen Island?

Here are some more things you may want to know.

## Bowen Island Is a Great Place to Hike

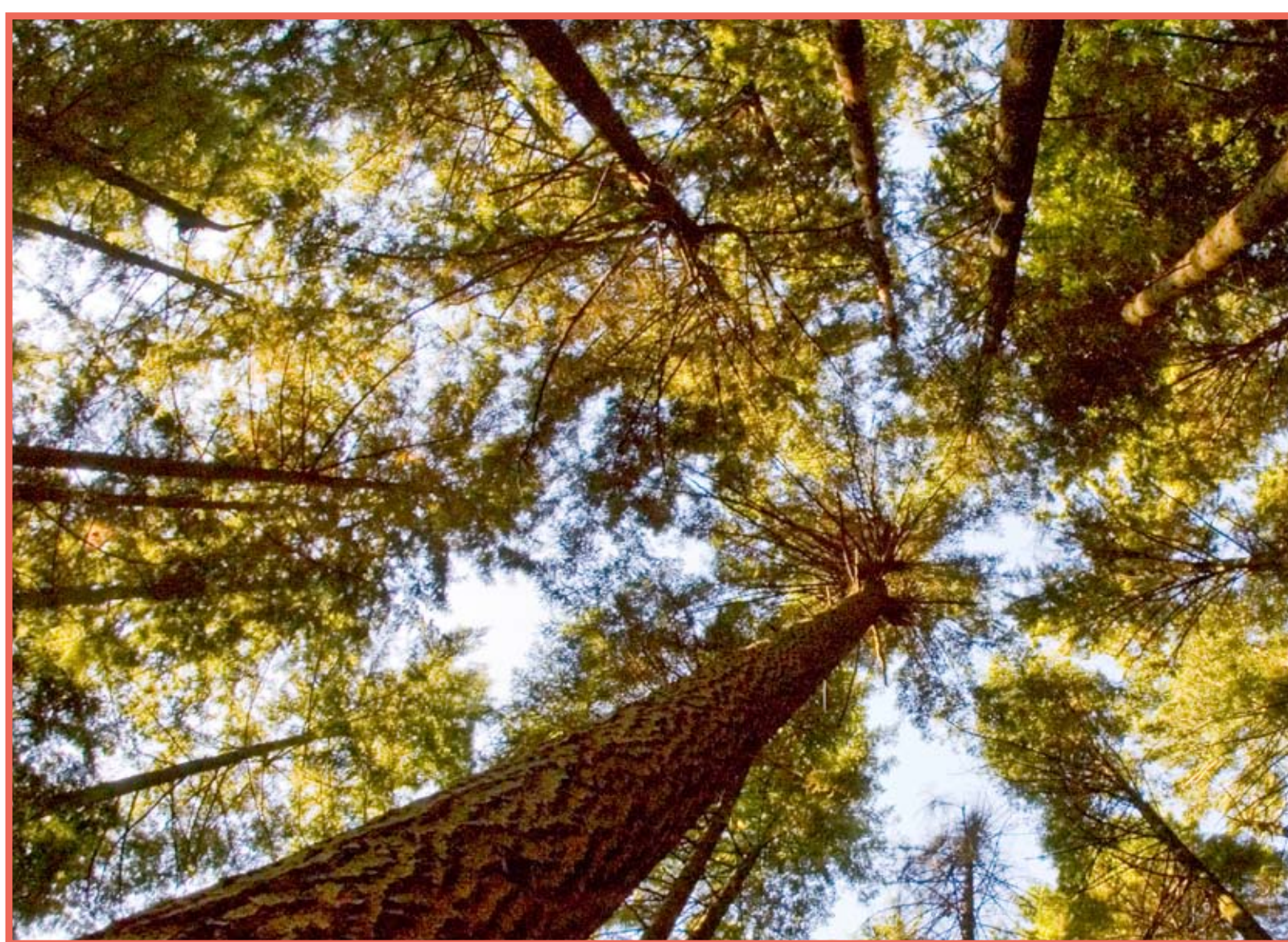
Thirty percent of the island is Crown Land with many hiking trails.

Known as the Island of Hikes, Bowen has many trails and right-of-ways. You can walk off the ferry and onto the well-maintained trails of Crippen Regional Park's 600 acres of coastal rain forest. This historic precinct of the Union Steamship Resort was the region's major destination recreation area in the early 1900s.



The park trail system includes:

- a steep climb to the Dorman Point lookout with a spectacular view of Howe Sound and the North Shore Mountains
- a longer loop trail that takes you through coastal rain forest, beside a salmon stream and waterfall up to and around Killarney Lake, the island's largest water body.



The hiking trails of Bowen will give you chances to see native forest and a rugged coast.

The island also boasts an ocean access provincial park and several public beaches.



As you walk the trails, look for signs of historic logging.



When you hike a Bowen trail, be on the lookout for large flat-topped stumps with deep oblong notches. These are the remains of trees logged by hand in the 1920s.

**Bowen Island is a Municipality within the Islands Trust and has a mandate to:**

*“preserve and protect the Trust area and its unique amenities and environment for the benefit of the residents of the trust area and the Province generally ...”*



Please help “preserve and protect ...” by taking only your photographs and leaving only your footprints.